

Champaign County Mental Health Board

Strategic Plan

For

Fiscal Years 2022-2025
(1/1/2022-12/31/2025)

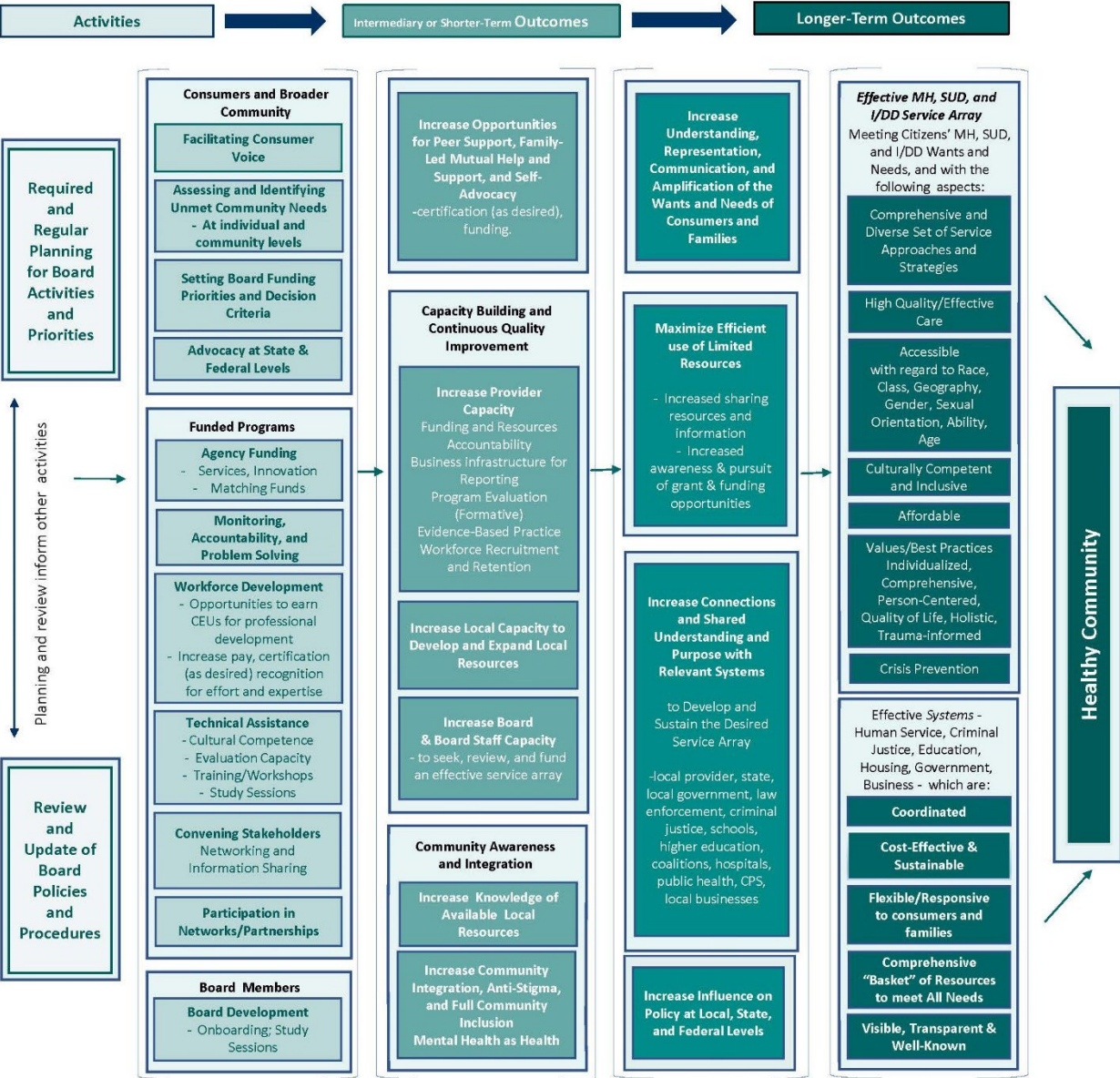
With

One-Year Objectives

For

Fiscal Year 2025
(1/1/2025-12/31/2025)

Purpose:
To promote health and wellbeing in the community through the promotion of a local system of services for the prevention and treatment of mental or emotional, intellectual or developmental, and substance use disorders, in accordance with the assessed priorities of the citizens of Champaign County.



Champaign County Mental Health Board
Three Year Plan for 2022-2024 with One Year Objectives

Logic Model Developed by Board and Staff with the UIUC Evaluation Capacity Building Project Team during Spring 2021

Champaign County Mental Health Board

WHEREAS, the Champaign County Mental Health Board has been established under Illinois Revised Statutes (405 ILCS – 20/Section 0.1 et. seq.) in order to "construct, repair, operate, maintain and regulate community mental health facilities to provide mental health services as defined by the local community mental health board, including services for, persons with a developmental disability or substance use disorder, for residents thereof and/or to contract therefor..."

WHEREAS, the Champaign County Mental Health Board is required by the Community Mental Health Act to prepare a one- and three-year plan for a program of community mental health services and facilities;

THEREFORE, the Champaign County Mental Health Board does hereby adopt the following Mission Statement and Statement of Purposes to guide the development of the mental health plan for Champaign County:

MISSION STATEMENT

The mission of the CCMHB is the promotion of a local system of services for the prevention and treatment of mental or emotional, intellectual or developmental, and substance use disorders, in accordance with the assessed priorities of the citizens of Champaign County.

STATEMENT OF PURPOSES

1. To plan, coordinate, evaluate, and allocate funds for the comprehensive local system of mental health, intellectual and developmental disabilities, and substance use disorder services for Champaign County.
2. To promote family-friendly community support networks for the at-risk, underserved or undervalued, and general populations of Champaign County.
3. To increase public and private support for the local system of services.
4. To further develop systematic exchange of information about local services and needs between the public/private service systems and the CCMHB.

To accomplish these purposes, the Champaign County Mental Health Board shall collaborate with the public and private sectors in providing the resources necessary for the effective functioning of the community mental health system.

COORDINATED SYSTEMS OF CARE

Goal #1:

Support a continuum of services to improve the quality of life experienced by individuals with mental or emotional disorders, substance use disorders, or intellectual and/or developmental disabilities and their families residing in Champaign County.

Objective 1.1: With input from people served and their loved ones, whenever possible, and with clear connection between the model and best outcomes for people served, encourage use of appropriate evidence-based, evidence-informed, recommended, innovative, or promising practice models.

(Allocation Priority/Criteria Objective)

Objective 1.2: Promote wellness for people with MI, SUD, or I/DD, to prevent and reduce early mortality, through access to services addressing basic needs, enrollment in benefit plans, and coordinated access to primary care.

(Allocation Priority/Criteria and Collaboration/Coordination Objective)

Objective 1.3: Support development or expansion of residential and employment supports for persons with behavioral health diagnoses and no other payor source.

(Allocation Priority/Criteria Objective)

Objective 1.4: Encourage and participate in community efforts to prevent overdose deaths and expand SUD prevention and treatment.

(Allocation Priority/Criteria and Collaboration/Coordination Objective)

Objective 1.5: Build resiliency and support recovery, e.g., peer supports, outside of a clinical setting. Peer-run/operated, mutual help groups support professional medical therapy for recovery, maintenance of recovery, and familial support.

(Allocation Priority/Criteria Objective)

Objective 1.6: Utilizing expertise of consultant(s) selected through RFP2022-010, build evaluation capacity of contracted providers in order to improve positive outcomes for those engaging in funded services.

(Policy Objective)

Objective 1.7: Engage with consultant(s) selected through RFP2022-010 to improve providers' ability to set internal goals for advancing the evaluation of program performance outcomes.

(Policy Objective)

Objective 1.8: Support workforce recruitment and retention efforts, which may include incentive payments, educational assistance, and system advocacy.

(Allocation Priority/Criteria Objective)

Objective 1.9: Support flexible service options, such as telehealth, virtual, and home visits, to maintain and improve access and engagement with clients and community.

(Collaboration/Coordination Objective)

Objective 1.10: With input from people with relevant lived experience, their loved ones, service providers, and other stakeholders, and through other needs assessment activities and environmental scan, develop and review a new Three-Year Plan for 2026-2028.

(Policy Objective)

Goal #2:

Sustain commitment to addressing health disparities experienced by historically underinvested populations.

Objective 2.1: Support an inclusive network of culturally and linguistically responsive and family driven support groups.

(Allocation Priority/Criteria Objective)

Objective 2.2: Provide technical assistance for funded agencies' cultural and linguistic competence plans to meet the needs of all people served and to engage with those seeking services.

(Collaboration/Coordination Objective)

Objective 2.3: Encourage community-based organizations to allocate resources for training, technical assistance, outreach, language access and communication assistance, and professional development activities for all staff and governing or advisory boards, to

advance cultural and linguistic competence and attract and retain a diverse professional workforce.

(Allocation Priority/Criteria Objective)

Objective 2.4: Where families and communities are disproportionately impacted by incarceration, encourage the development of social networks, peer supporters and mentors, and improved access to resources.

(Allocation Priority/Criteria and Policy Objective)

Objective 2.5: Assess and address the unmet MI, SUD, or I/DD service and support needs of residents of rural areas and farm communities, with assistance from the Regional Health Plan Collaboration.

(Collaboration/Coordination and Policy Objective)

Objective 2.6: With assistance from the Regional Health Plan Collaboration, assess the impact of public health threats on racial, ethnic, gender and/or sexual minority groups, or other at-risk populations in Champaign County. Encourage providers to improve health and behavioral health outcomes for all residents.

(Collaboration/Coordination and Allocation Priority/Criteria Objective)

Goal #3:

On behalf of all eligible Champaign County residents, improve access to the supports, services, and resources currently available and beneficial to some.

Objective 3.1: Participate in and report on various coordinating councils whose missions align with the Board's, with the intent of strengthening coordination between providers in the delivery of services. Identify or develop opportunities for people with lived expertise to participate in or shape the work of these councils.

(Collaboration/Coordination Objective)

Objective 3.2: Communicate on issues of mutual interest with the C-U Public Health District (CUPHD) and the Champaign County Board, such as effective responses to interpersonal and community violence or Opioid Use Disorder.

(Collaboration/Coordination Objective)

Objective 3.3: Engage with CUPHD, United Way, Carle Foundation Hospital, and OSF in the Regional Health Plan Collaboration toward the 2026 Community Health Improvement Plan.

(Collaboration/Coordination Objective)

Objective 3.4: Increase awareness of community-based services and access to information on when, where, and how to apply for services, including through system navigators and expanded language access.

(Allocation Priority/Criteria and Collaboration/Coordination Objective)

Goal #4:

Continue the collaborative working relationship with the Champaign County Board for Care and Treatment of Persons with a Developmental Disability (CCDDB).

Objective 4.1: Coordinate integration, alignment, and allocation of resources with the CCDDB to ensure the efficacious use of resources for people with I/DD.

(Allocation Priority/Criteria Objective)

Objective 4.2: Increase the reach and variety of strategies that empower people who have I/DD and improve their access to integrated community settings.

(Policy Objective)

Objective 4.3: Using input from people who have I/DD, collaborate with the CCDDB on promoting inclusion and respect for people with I/DD.

(Allocation Priority/Criteria and Collaboration/Coordination Objective)

Objective 4.4: Using input from people who have I/DD, collaborate with the CCDDB for use of the I/DD Special Initiatives Fund to meet the needs of Champaign County residents who have I/DD and significant support needs.

(Policy and Allocation Priority/Criteria Objective)

CHILDREN AND FAMILY FOCUSED PROGRAMS AND SERVICES

Goal #5:

Building on progress achieved through the six-year Cooperative Agreement between the Federal Substance Abuse and Mental Health Services Administration (SAMHSA), the Illinois Department of Human Services (IDHS), and the Champaign County Mental Health Board (CCMHB), sustain the SAMHSA/IDHS system of care model.

Objective 5.1: Through the Champaign County Community Coalition, strengthen awareness and communication across the child- and youth- serving systems.
(Collaboration/Coordination Objective)

Objective 5.2: Build on the successes of Champaign County family-run organizations that incorporate family-driven and youth-guided principles in use of peer support to assist multi-system involved youth and their families.
(Allocation Priority/Criteria Objective)

Objective 5.3: Support a coordinated response to community violence, including gun violence, that leverages the Board's funded services for children, youth, and families, with financial support from other funders to mitigate the public health crisis associated with violence.
(Collaborative/Coordination and Policy Objective)

Objective 5.4: Promote and support interventions that specifically address historical trauma experienced by African American and other minority youth.
(Allocation Priority/Criteria Objective)

Objective 5.5: Sustain commitment to trauma-informed, family-driven, youth-guided, and culturally responsive systems of care. Encourage cross-system collaboration to improve student outcomes, share resources, and foster professional growth.
(Policy and Collaboration/Coordination Objective)

Objective 5.6: Acknowledging racial trauma as a mental health issue, support programs which offset its impact on children, youth, and families.
(Policy Objective)

Objective 5.7: Advocate at local, state, and national levels for full implementation and funding of safety net, screening, and crisis response for all children and families, including those who have multi-system involvement or encounter multiple barriers to success and health. Barriers include long wait times for psychiatric care and complicated or siloed regulatory and payment systems.

(Collaboration/Coordination Objective/Policy Objective)

CRIMINAL JUSTICE AND MENTAL HEALTH SYSTEM COLLABORATION

Goal #6:

Divert persons with behavioral health needs or intellectual and/or developmental disabilities from the criminal justice system, as appropriate.

Objective 6.1: Through the Crisis Intervention Team Steering Committee, collaborate with law enforcement and crisis service providers toward positive health and behavioral health outcomes for all Champaign County residents. Use input from people who have experienced a behavioral health crisis, along with their family members and peers.

(Collaboration/Coordination Objective)

Objective 6.2: Sustain efforts to engage persons who have behavioral health diagnoses and are re-entering the community from jail or prison or have recent involvement with the criminal justice system, in treatment and other support services. Improve these services and supports by using input from people with relevant lived experience.

(Allocation Priority/Criteria Objective)

Objective 6.3: Support integrated planning and service coordination for adults involved in the criminal justice system through participation in the Champaign County Reentry Council and Problem Solving Court Steering Committee to address identified needs and opportunities to improve and expand care.

(Collaboration/Coordination Objective)

Objective 6.4: Through the National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD) and National Association of Counties

(NACo), use and promote technical assistance and support to improve outcomes for Champaign County residents who have behavioral health needs and justice system involvement.

(Collaboration/Coordination Objective)

Goal #7:

In conjunction with the Champaign County Sheriff's Office, other law enforcement, and community stakeholders, pursue a continuum of services as an alternative to incarceration and/or overutilization of local emergency departments for persons with behavioral health needs or developmental disabilities.

Objective 7.1: Support local collaborations to increase housing and employment supports for persons with MI, SUD, or I/DD.

(Allocation Priority/Criteria and Collaboration/Coordination Objective)

Objective 7.2: Identify supports and services which reduce unnecessary incarceration, hospitalization, and institutionalization.

(Collaboration/Coordination Objective)

Objective 7.3: Collaborate in the development of a full crisis response continuum around 988, with input from people who have experienced a behavioral health crisis.

(Allocation Priority/Criteria and Collaboration/Coordination Objective)

Goal #8:

Support interventions for youth who have juvenile justice system involvement.

Objective 8.1: Through the Youth Assessment Center Advisory Committee or other similar collaboratives, advocate for community and education-based interventions contributing to positive youth development and decision-making.

(Collaboration/Coordination Objective)

Objective 8.2: Through the Champaign County Community Coalition and other community focused initiatives, encourage multi-system collaborative approaches for improving outcomes for youth and families and communities.
(Collaboration/Coordination Objective)

COMMUNITY ENGAGEMENT & ADVOCACY

Goal #9:

Address the need for acceptance, inclusion, and respect associated with a person's or family members' mental illness, substance use disorder, intellectual and/or developmental disability through broad based community education efforts to increase community acceptance and positive self-image.

Objective 9.1: Promote inclusion and challenge stigma and discrimination through collaborations such as the disABILITY Resource Expo, Ebertfest, and other related community education events. Whenever possible, include student groups or interns in these efforts.
(Collaboration/Coordination Objective)

Objective 9.2: Promote SUD prevention initiatives as a community education tool.
(Collaboration/Coordination Objective)

Objective 9.3: Promote behavioral health community education initiatives, such as National Depression Screening Day, to encourage individuals to be screened and seek further assistance where indicated.
(Collaboration/Coordination Objective)

Objective 9.4: To integrate people with behavioral health disorders and/or I/DD into community life in Champaign County, seek out and share their direct input with other collaborations and leadership. Whenever possible, include these people in any organizations which have been formed on their behalf. Emphasize inclusion as a benefit to all members of the community, regardless of ability.
(Allocation Priority/Criteria Objective)

Objective 9.5: Support Mental Health First Aid for Adults, Youth, and Teens, to encourage community members to provide first responder support for people who may be experiencing a crisis.

(Collaboration/Coordination Objective)

Objective 9.6: With input from people who have MI, SUD, or I/DD, make information on community services and resources more accessible and user-friendly.

(Collaboration/Coordination Objective)

Goal #10:

Engage with other local, state, and national stakeholders on emerging issues.

Objective 10.1: Monitor the local impacts of changes in Medicaid and Managed Care and Medicaid waivers Advocate, through Association of Community Mental Health Authorities of Illinois (ACMHAI) and other organizations for increased service capacity and service options sufficient to meet demand in Champaign County.

(Collaboration/Coordination Objective)

Objective 10.2: Track relevant class action cases, e.g., Ligas Consent Decree and Williams Consent Decree, and advocate for the allocation of state resources sufficient to meet needs of clients returning to home communities or seeking fuller integration in their communities.

(Policy Objective)

Objective 10.3: Participate in the National Association of County Behavioral Health and Developmental Disability Directors (NACHBDD), National Association of Counties (NACo), and similar organizations, to understand and report on trends, best practices, and innovations and to advocate at the national level on behalf of Champaign County residents.

(Collaboration/Coordination Objective)

Objective 10.4: Track and advocate for implementation of the recommendations of the Illinois Children's Behavioral Health Transformation Initiative.

(Policy Objective)

Objective 10.5: With other organizations and policymakers whenever appropriate, advocate at the state and national levels on the issues of expanding and diversifying the behavioral health and I/DD workforces. Strategies may include supporting legislation to revise licensure

and certification processes. Participate in planning and policy development with state agencies such as IDHS, advocating for the needs and choices of Champaign County residents, based on direct and indirect input from people with MI, SUD, or I/DD.
(Policy Objective)

Objective 10.6: Advocate on behalf of and with those residents of Champaign County who receive Home Based Support, who have been selected from PUNS, or who are eligible and enrolled and waiting for PUNS selection.
(Collaboration/Coordination Objective)

Objective 10.7: Participate in the development of recommendations for the redesign of Illinois' I/DD service system, through Engage Illinois and similar collaborations.
(Policy Objective)

**Approved November 20, 2024*